

# We're Still A Family



A Guide for Young Children

Why do parents  
split up?

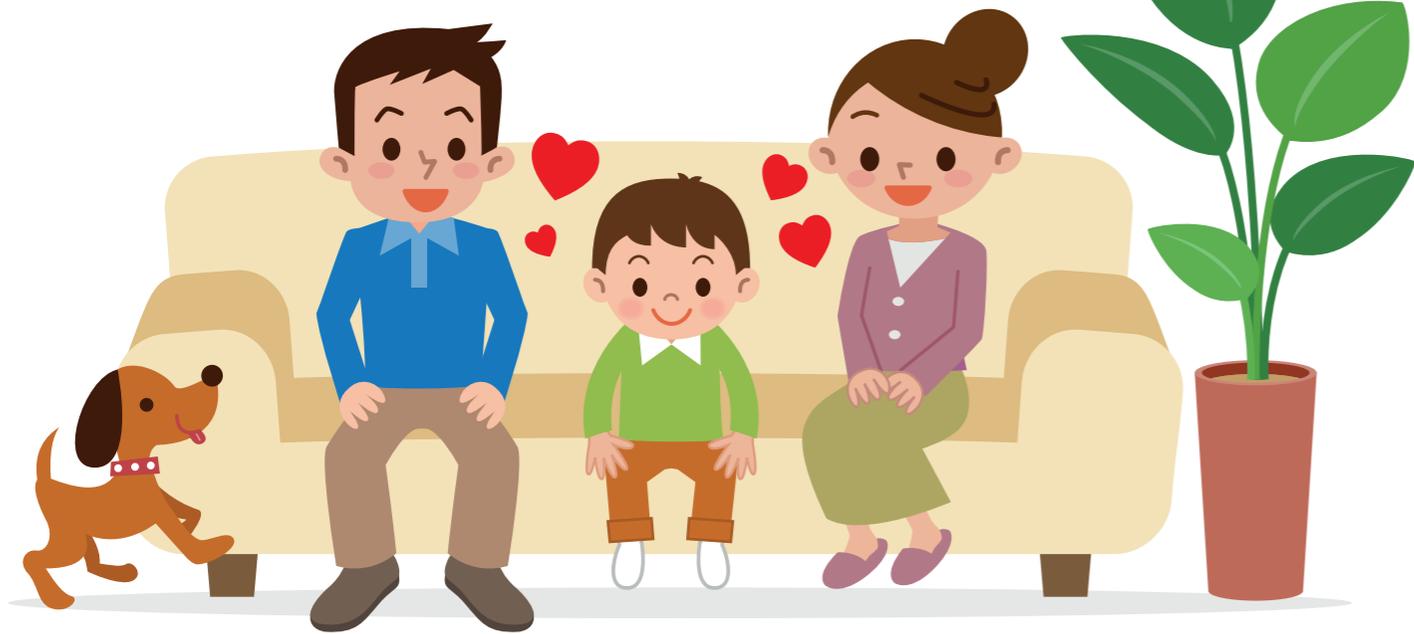


Sometimes, parents split up from each other because one or both of them are unhappy together. They may feel it is better for them to live apart.

One thing is for sure, it is not your fault that this is happening.



It is important  
to remember  
your parents still  
love you and  
always will.



It is not an easy decision  
for them to make - a lot  
of thought goes into it.

# Feelings

You might feel a number of ways when your parents split up:



## You might also feel:



That you want your mum and dad to be back together.



That you miss the parent you are not with.

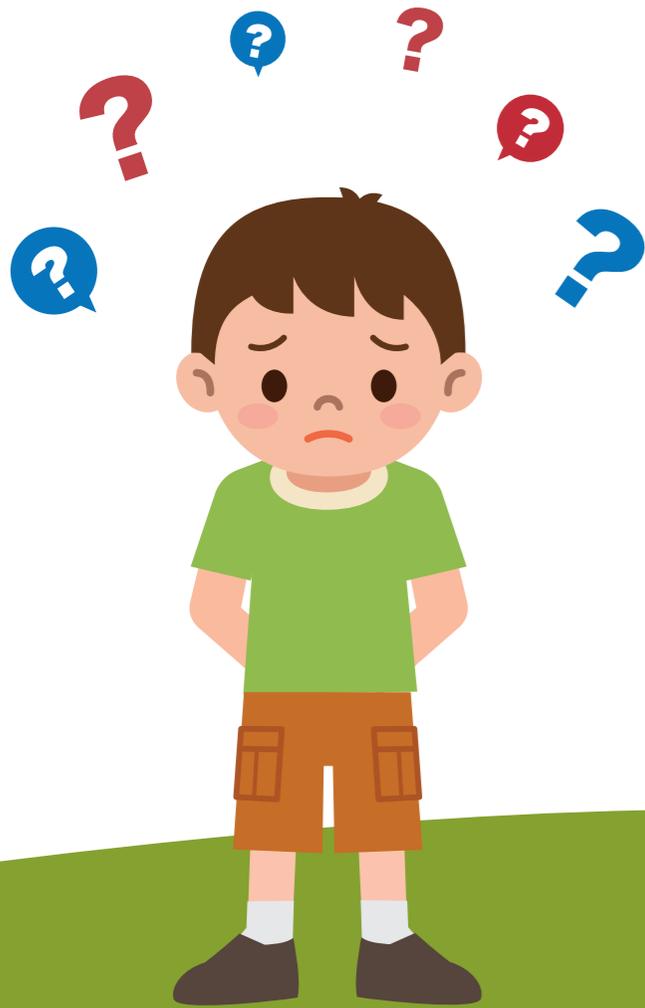


Most children start to feel better over time and smile again.

Talk to your mum and dad about how you are feeling, why not **draw a picture** to show them?

A large empty rectangular box for drawing a picture.

# Questions



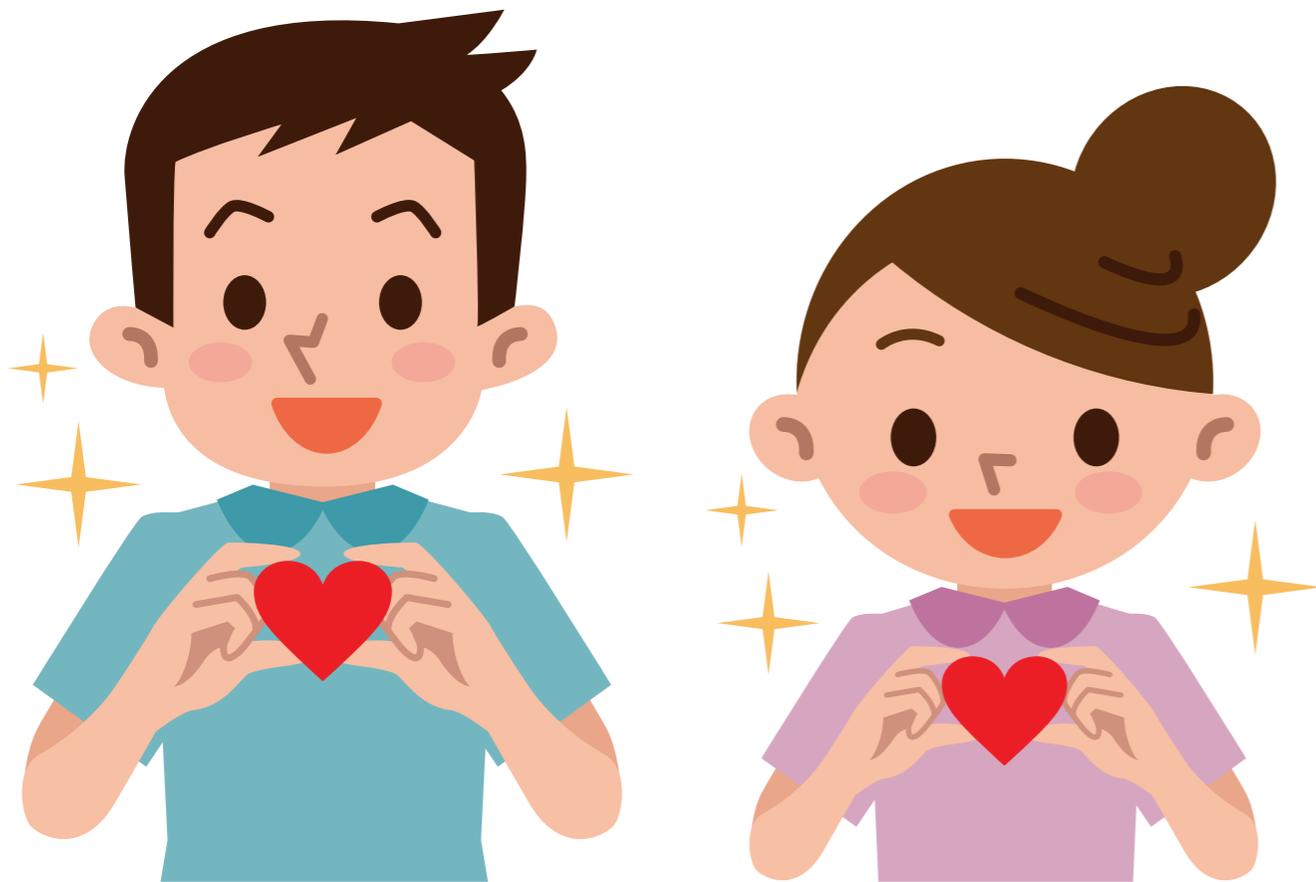
It can be very confusing and you may have lots of questions about what is happening.



like your parents or teachers.  
They will be there to answer your questions.



Do my parents still love me?



Your mummy and daddy will **always love you** and want to make sure you are happy.



Where will I live?

Your mum and dad will choose who you live with and where. You may move to a new house but you will have visits from the parent you don't live with.



No matter where you live, your mum and dad will do everything they can to make sure you are always happy.



## What happens to my toys?

Your toys can come with you, wherever you live. You may even have toys at your mum's house and dad's house.



## What happens to my pets?

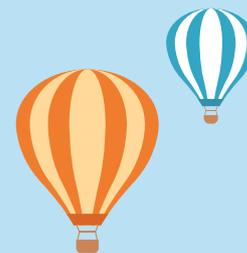
Your mum and dad will decide where your pets will live. If your pets start living in a different house to you, don't worry! You can visit them all the time.

Help this dog find his new home



START





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