

We're Still A Family



A Guide for Young Children

Why do parents
split up?

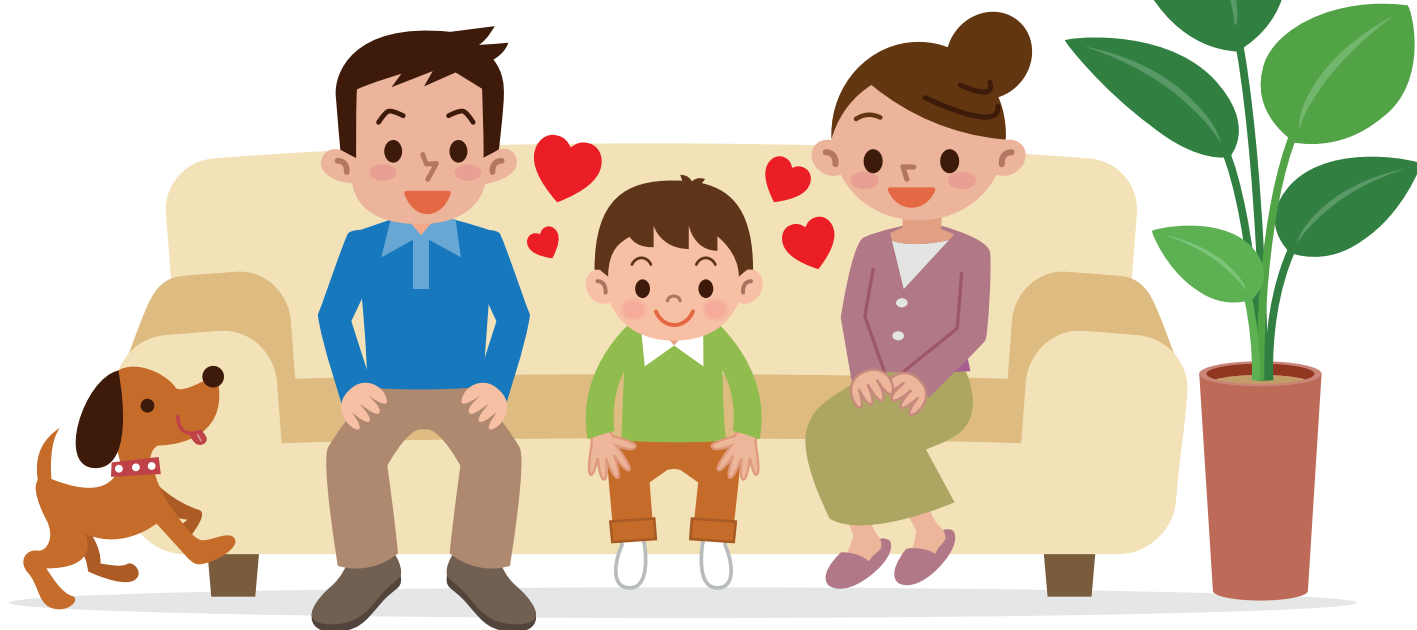


One thing is for sure,
it is not your fault
that this is happening.

Sometimes, parents split up
from each other because one
or both of them are unhappy
together. They may feel it is
better for them to live apart.



It is important
to remember
your parents still
love you and
always will.



It is not an easy decision
for them to make - a lot
of thought goes into it.

Feelings

You might feel a number of ways
when your parents split up:



You might also feel:



That you want your mum and dad to be back together.



That you miss the parent you are not with.

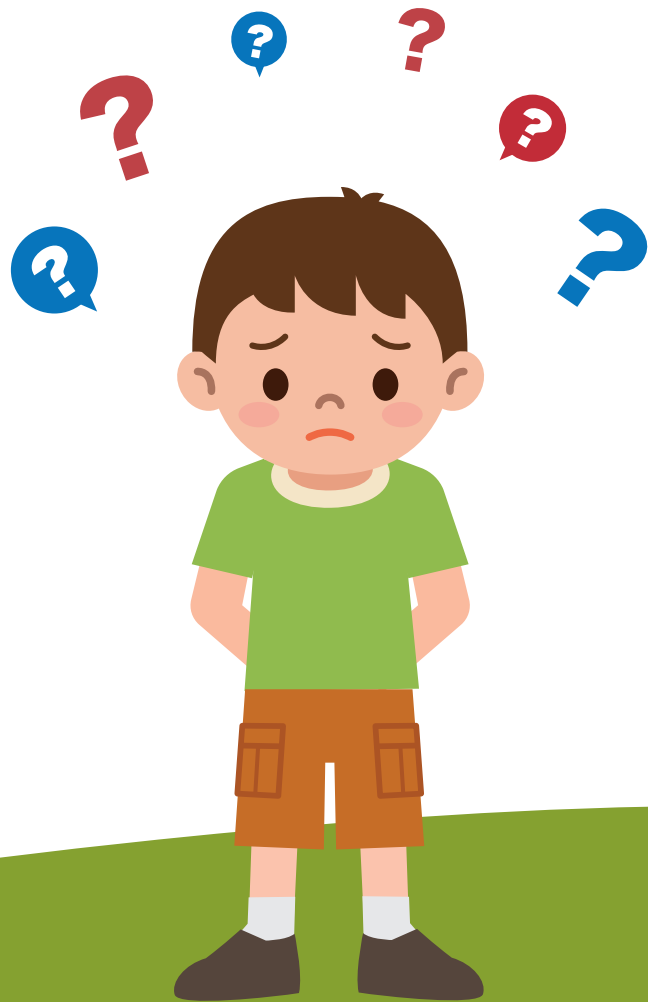


Most children start to feel better over time and smile again.

Talk to your mum and dad about how you are feeling, why not **draw a picture** to show them?

A large, empty rectangular box with a light blue border, intended for a child to draw a picture.

Questions



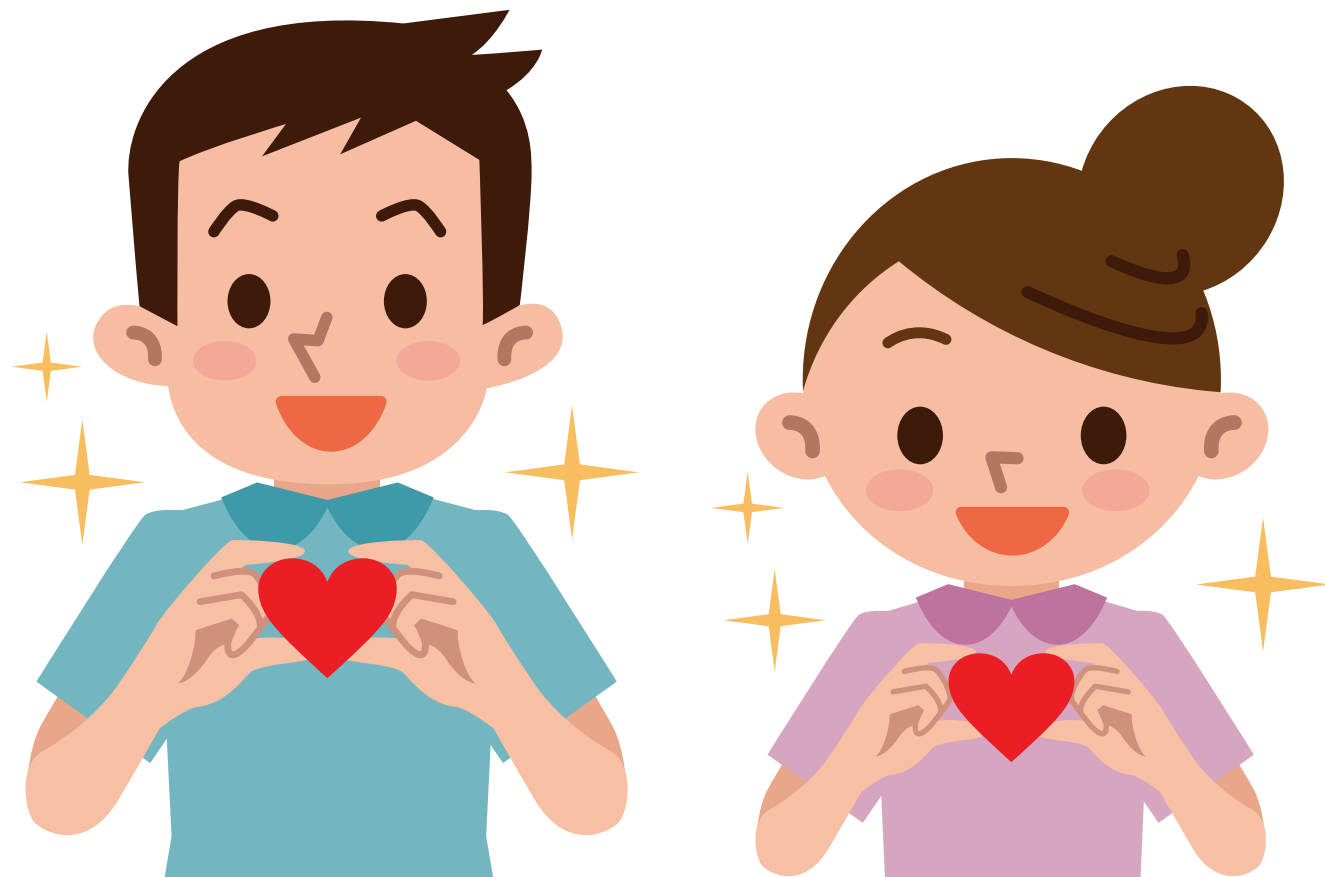
It can be very confusing
and you may have lots of
questions about what is
happening.



like your parents or teachers.
They will be there to answer your questions.



Do my parents still love me?



Your mummy and daddy will **always love you** and want to make sure you are happy.



Where will I live?

Your mum and dad will choose who you live with and where. You may move to a new house but you will have visits from the parent you don't live with.



No matter where you live, your mum and dad will do everything they can to make sure you are always happy.



What happens to my toys?

Your toys can come with you, wherever you live. You may even have toys at your mum's house and dad's house.



What happens to my pets?

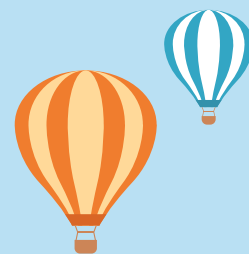
Your mum and dad will decide where your pets will live. If your pets start living in a different house to you, don't worry! You can visit them all the time.

Help this dog find his new home



START





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